

## Meyer House Care Home residents prepare to set sail from Hong Kong



**Our residents at Meyer House Care Home are very excited and getting prepared to set sail on our virtual cruise leaving the port of Hong Kong on Friday 12 February, which also happens to be Chinese New Year!**

We are sailing to many **different locations** as you can see on our itinerary, and will be taking part in as **many activities** as we possibly can along the way.

We've been busy **making our own passports** and getting our essential items together which has been fun. Each passport is just like the real thing, with a photo, individual details and sections for stamps when we visit destinations – they look brilliant and we can't wait to use them!

Our ladies and gents have also made their own **flags** and are very much looking forward to a lovely **Chinese meal** as we depart Hong Kong. We are lucky enough to have our own **Team Master Chefs** who have planned a **mouth-watering menu** for the date we embark. *Check out our amazing dishes below – Yum!*

Roll on Friday 12 February! *We will boozing as we're cruising and dancing with the Captain!*

We will keep everyone updated on our adventures and are sure you will all wish us 'Bon Voyage' as we sail the sunny seas.

### **Menu**

#### **Starter**

*Homemade chicken noodle soup*

## ***Mains***

*Beef and broccoli in black bean sauce served with noodles*

*Chinese chicken curry served with special fried rice*

## ***Side dishes***

*Chinese mushrooms in oyster sauce with onions and peppers*

*Prawn crackers*

## ***Special diet***

*Beef in black bean with root vegetables and creamy mash*

## ***Dessert***

*Coconut rice pudding with star anise infused berry compote*

*or*

*Banana fritters in cinnamon syrup*

## ***Supper***

*Chinese duck pizzas*

*Toasted sandwiches, cakes, angel delight*

## ***Special diet***

*Chinese curry with vegetable quinoa*



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