

Pumpkins and pie and mash at Meyer House Care Home



Halloween painting

Preparations are under way for Halloween here at Meyer House Care Home and our pumpkin painting has begun.

We had **Hugh**, our two **Bills** and **Pam** showing us all how it's done with their favourite bright colours.

Now the fun begins when we start adding all the little details – all ready for some spooky fun on the 31 October!

Pie and mash

As most of our residents are Londoners they like nothing better than a good old-fashioned plate of '*Pie and mash*'.

So what better **takeaway** to have on Saturday – pie and mash covered in the usual topping of liquor and vinegar!

Bill was first at the table for his and couldn't wait to get stuck in!

It went down a treat with everyone – yummy!

Pie and mash is a traditional working-class food, originating in the Docks of London. It typically consists of a minced beef pie, mashed potato and a parsley sauce known as liquor. Pie, mash and eel shops have been in London since the 19th century, and are still common in East and South London, and in many parts of [Kent](#) and [Essex](#). The shops may also serve stewed or [jellied eels](#).



Pie, mash and liquor meal

