

## Team spirit for Sports Day at Meyer House Care Home



**Good fun was had by all at our Sports Day last week here at Meyer House Care Home.**

We had four teams of three residents – Red, Blue, Green and Yellow – so there was all to play for in the day's events!

**The games we organised included:**

- An egg and spoon race
- Throwing a bean bag through a clown's eyes and nose
- Basketball challenge
- Hook a duck
- Race a car

**Plus our staff entered into the fun with:**

- Three legged races
- Hula hoops
- Turkey hoopla

The atmosphere was brilliant as everyone really entered into the spirit of the day and had a great time trying different games.

The **Yellow team** were our overall winners – *well done to everyone!*







